

Borderline Support UK CIC

Our support groups provide vital support for people affected by borderline personality disorder (BPD). Built on compassion and empathy, these groups are a safe and supportive space for people to learn more about BPD, and get support from people who truly understand.

Our groups run weekly throughout the year, and are run in 6-week blocks.

What this role involves

As a Support Group volunteer, you will help with the day to day running of the group. If you enjoy getting to know people, sharing your experiences and making a real difference, then this role is for you.

We are particularly looking for people with lived or professional experience of BPD.

In this role you may be involved in the following:

Supporting the running of the group

- Leading or facilitating meetings
- Discussing the running of the group with the volunteer team and making sure decisions are made collectively
- Communicating with members about the group via email
- Gathering feedback from members
- Recruiting, inducting, training and supporting new volunteers
- Liaising with the volunteer team as appropriate

Keeping in touch

- Being a point of contact in the local area for Borderline Support UK CIC
- Dealing with enquiries
- Keeping the volunteer team informed of the group activities

Welcoming and supporting people in the group

- Welcoming new members, visitors or speakers
- Supporting members to take part in conversations and activities
- Facilitating online meetings
- Sharing Borderline Support UK CICs wider support services with group members

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Planning Group Activities

- Help with developing activities for the group, such as speakers, outings, or special events (for example, Christmas or East)
- Supporting other volunteers in the planning of activities

Health and Safety

- Being a Health and Safety representative for the group
- Following our Health and Safety guidelines at all times

Setting up meetings

- Booking local venues
- Helping to set up and clear away
- Preparing and providing refreshments
- Setting up online meetings, sharing information and links with members

Who we are looking for

- A people person, with good listening skills
- A great communicator who enjoys meeting new people
- Lived or professional experience of BPD
- Reliable and organised
- Passionate about supporting people with BPD
- Excellent administrative, IT and record keeping skills
- Aged over 18

What we can offer you

- You will be part of creating a supportive community for people impacted by BPD in your local area and online
- This is an opportunity for you to connect with, and support, your local community
- You will be part of a volunteering team who really cares
- You will make a real difference to people's lives
- Full induction and training, with ongoing support
- Expenses paid where appropriate
- A chance to develop new skills which can enhance your CV
- References after 3 months

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Training

We provide comprehensive training in:

- Peer support
- Safeguarding
- Confidentiality and GDPR
- Record keeping
- Health and Safety
- Setting up groups
- Any additional relevant training identified or requested

Where and when you would volunteer

Your group will be located in your local area.

Times and venues will be discussed

Who to contact for more information

Please contact the volunteering team at peersupport@borderlinesupport.org.uk.